

Hello from



LET OUR ARTS LIFT YOU TO NEW HEIGHTS

Spotlight

BETH LAWRENCE - ALL ABOUT VOICE

Early on in her career, Beth had chronic problems with her voice, even while studying with a well known vocal coach. After having nodules on her vocal cords several times, she was devastated thinking that she couldn't have a career as a singer. But her life changed when she found a new teacher who taught Bel Canto singing. He saved Beth's voice and made it possible for her to have success as a Singer/Composer while maintaining a healthy voice. Beth gets so much fulfillment in helping others develop their voices, rehabilitate a damaged voice, or just gain a happy confidence in their singing and performing, because singing is an expression of the Soul. Just as she was helped so many years ago, Beth loves assisting others in finding their joy in singing.

Beth's vocal method is holistic in nature. She works on the physical, mental and emotional levels...all of which play a part in beautiful singing and authentically engaged performing. "Technique is important," Beth says, "but it's also necessary to connect emotionally with the story you're telling through song; to be aware of faulty belief systems that hold you back; and to integrate the whole person into a healthy and happy singing experience. It's truly transformative when these elements combine, both for the singer, and the listener."

Beth is currently involved in the Creative Aging movement which encourages people 55+ to keep active, get involved in an Arts program, and enjoy the benefits of creativity. Her Joyful Singing program stars this month here in Heber City. It's an 8 week enrichment program funded by the State and in cooperation with the Wasatch County Library. Lots of fun, learning, and social engagement! The program finishes with a performance on April 23, 2024.

Learn more about Beth & her program at <https://allaboutvoice.com> or <https://bethlawrencemusic.weebly.com>

Heber City TAP Tax Art Grants

Heber City has opened its application process to access money from the TAP (trails, arts & parks) Tax.

The deadline for applications is March 11, 2024.

Learn more about eligibility & how to apply at

<https://www.heberut.gov/392/Arts-Advisory-Committee>

This is another great opportunity to help fund projects related to the Arts in Heber City.

Heber Valley Arts Center

WHAT IS IN THE HEBER VALLEY ARTS CENTER?

Main Stage Theater

The 600 seat Main Stage Theater has flexible seating to allow for the display of various forms of art & entertainment including dance, theater, music & the opportunity to host touring entertainment.

Rehearsal Studio

This space is adjacent to the Grand Lobby and doubles as event space for hosting receptions, community events, pre-and post-event entertaining, and visual art activities.

Grand Lobby

The Grand Lobby connects all public areas & doubles as a local art gallery space.

400 dedicated parking spaces.
52,000 square feet.

Visit www.hebervalleyartscenter.com for renderings & more information

Upcoming Events

MARCH 5 Comfort & Conviction
Wasatch Choral Department
7 pm at Wasatch HS

MARCH 7-9 Once Upon a Mattress
Timpanogos Valley Theater

MARCH 7 Heber Valley Piano Festival
Guest Concert
Miss Utah - Sarah Sun
7 pm Timpanogos MS

MARCH THUR Heber City Ballroom
Social Dance Classes
Thursdays 5-6 pm
Timpanogos Middle School

MARCH 8 Utah Arts Collective
Competition Showcase
7 pm at Wasatch HS

MARCH 9 Heber Valley Piano Festival
Honors Concert
7:30 pm at Timpanogos MS

MARCH 9 Kids Paint Day & Adult Paint Night
Inspiration Haven Art Studio
1 pm Kids, 7 pm Adults

MARCH 11-12 Wasatch Back Irish Dancers
Performance & Free Simple
Irish Jig Instruction
6:30 pm at the Senior Center

MARCH 15 Homegrown Concert Series
6 pm at the County Library

MARCH 16 Belvederes Improv
7 pm
Timpanogos Valley Theater

MARCH 18 Family Paint Night
Inspiration Haven Art Studio
7 pm

MARCH 23 Heber Valley Music
Spring Concert
7 pm Midway Town Hall

MARCH 23 Kids Paint Day & Adult Paint Night
Inspiration Haven Art Studio
1 pm Kids, 7 pm Adults

MAR/APR 27-1 Las Miserables
Timpanogos Valley Theater

MARCH 31 Wasatch Parent Network
Art Emergence Contest
Entry Deadline

VISIT OUR WEBSITE FOR MORE DETAILED INFO

